

Aloha! Welcome to the ministry as a **Makahiki Hospitality Home Host**

This manual for host families will give you some guidelines that will make your time with your guests both happy and memorable. It outlines scriptural views on rest, as well as giving you some practical hints on how to make your visitors feel comfortable without disrupting the routine of your own family's schedule.

What does Makahiki mean?

Makahiki is a Hawaiian word which refers to the annual agricultural festival celebrated by the ancient Hawaiians. This festival was a four month period during which there was universal peace on each island. It was a time of rest, renewal, and rejoicing in the abundant harvest.

Makahiki Ministries was born out of a vision to provide places of rest and renewal for those laborers who have been working in the Lord's harvest and who need a time of peace and respite.

To provide this service Makahiki Ministries has a network of hospitality homes throughout the United States (including Hawaii) and in a growing number of other countries. There ministers, missionaries and lay workers in the church can find a serene recess from the demands of their ministry, and a time alone with the Good Shepherd.



Our logo is the pineapple-- an international symbol of HOSPITALITY, surrounded by New England asters and Hawaiian hibiscus, which represents the far-flung scope of MAKAHIKI MINISTRIES.

What is hospitality?

Some of us grew up in families where the door was always open and setting another place or two at the table was no problem. But others of us may not have had that kind of hospitable example.

WHAT HOSPITALITY IS NOT

Maybe the idea of having a stranger in your home produces an image of getting out the best china, plus linen napkins, preparing a gourmet dinner, dressing the children in their best clothes and making sure the house sparkles from hours of cleaning and preparation. That image is enough to traumatize most of us!

The word hospitality actually comes from the same Latin root as the words hospital and hospice. The root word is "hospes" which simply means host. In medieval Europe, a hospice was a shelter for travelers, often kept by a monastic order. It was a refuge, either temporary or of a more permanent nature.

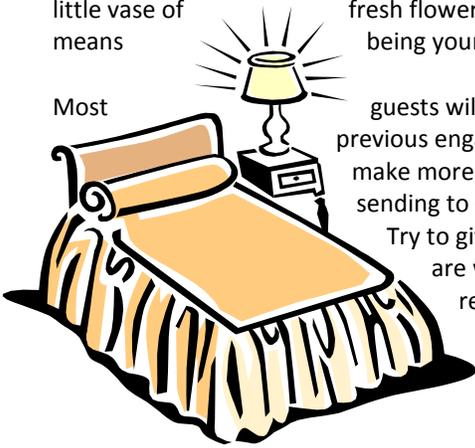


As a Makahiki Hospitality Home, you are offering workers of the Lord hospitality rather than entertainment. Entertainment is putting your own family's needs on hold while you serve your guests with big meals, exciting excursions, and expensive events.

WHAT HOSPITALITY IS

Hospitality, on the other hand, is sitting down together with a cup of tea and a peanut butter and jam sandwich. It means putting a little vase of fresh flowers and a favorite book next to the bed in their bedroom just to make your guest feel special. It means being yourself and being willing to share your life with someone else.

Most guests will feel much more comfortable if you don't change your normal routine of life. Don't cancel all previous engagements, meetings, doctor's appointment, etc. in order to be with them. Don't struggle to make more elaborate meals than normal. Because some of the guests Makahiki Ministries will be sending to your home have been working overtime for the Lord and may be feeling a little "burned out". Try to give them a lot of privacy and a quiet time. They may just want to sleep for the 24 hours they are with you. Your job is to simply provide the hospice or shelter, in which they can rest and be renewed of God within an atmosphere of encouragement.



Scriptural Principles of Hospitality

Throughout the Old and New Testaments we find numerous examples of people responding to one another in heartfelt hospitality. It seems that the idea of receiving strangers into our homes and providing them with food, lodging and protection came originally from God and is not just a man-made response to our innate sociability and need for companionship (see Lev. 19:34).

From this mandate to treat a stranger like a part of your own family, Hebrew culture developed a strong sense of duty and obligation toward Hospitality. Abraham was a good example of this (Gen. 18: 1-8), as was Lot (Gen. 19:1-11); Laban (Gen. 24:31-33); Joseph (Gen. 43:31-34); and David (II Saml. 9:6-13). In 11 Kings 4:10, the Shunamite woman and her husband went so far as to add an extra room to their house for the prophet Elijah, who was a frequent guest in their town. Today, many churches and families have taken this idea and set aside a "prophet's chamber" in their homes and churches for missionaries and visiting ministers.

Paul does not leave us much room for doubt as to his views on hospitality. Romans 12:13 says we should "contribute to the needs of the saints, practicing hospitality." As Christians we are no longer strangers to one another, but members of the same family (Eph. 2:19). We are instructed to look out for others, showing them affection and compassion (Phil. 2:14). Peter echoes Paul's statements in I Peter 4:9 "Be hospitable to one another without complaint".

John says, "Therefore, we ought to support such men, that we may be fellow workers with the truth". (III John 8).



Some ideas on how to be a thoughtful host

1. Preparing for your guest's arrival.

a. It will help both hosts and guests if you have a clear understanding in advance about the length of time your guests will stay with

you and whether or not they need transportation from the airport, bus terminal, etc. If they haven't told you before they arrive, don't feel awkward about asking, "How long will you be staying with us?" Your reservation confirmation will have all that information, but it is a good idea to make sure when they arrive.

b. If they are driving themselves, send good directions and a map of how to get to your home. If you work and are gone all day, let them know where a key is hidden or what time to arrive. If they are staying in your home, you may want to set up a meeting time for them to arrive.

c. Make it clear ahead of time whether or not you want their pet(s) to accompany them on this retreat. It could be embarrassing to have someone arrive at the door with a dog when you live in a small apartment which does not allow pets. Also, let them know if you have a cat or dog in case they are allergic to animals and would rather choose another hospitality home that is pet-free.

d. Be sure to let your guests know ahead of time whether or not you allow smoking in your home.

e. To eliminate awkwardness, let your guests know the cooking and eating arrangements ahead of time (eg: eat with you, do their own cooking, eat out, share expenses).

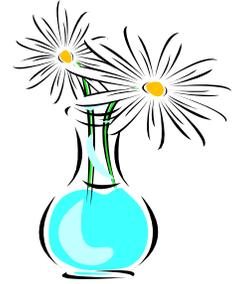
f. Consider writing a short biographical sketch of your family to put in your guest's room or send to them in advance. You may discover that you and your guests have many things in common.

g. Put a few books or magazines which you enjoy into their room.

h. For a nice touch, put a vase of fresh flowers or a bowl of fruit and some light snacks in your guest's room.

i. Remember to supply your guest room with such necessities as tissues, a wastebasket, a reading lamp by the bed, a mirror, and perhaps a plugin pot for heating water to make a cup of tea, coffee or bouillon, a radio/tape deck, and an extra pillow for reading in bed, if you have an extra one. A desk or writing table is very convenient if your guests have letters to write or some business or studying to do.

j. Be "pre-prayed-up". Keep your guests in prayer as they prepare to visit. Pray also to have sensitivity to their needs and the ability to offer them "graciously"



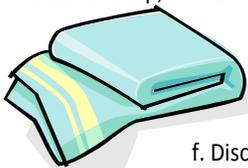
2. When your guests arrive

a. Let your guests know where to park if this is a concern.

b. Offer to help carry in their luggage.

c. Offer them a cup of hot tea or let them rest by themselves to get adjusted to their new environment.

d. Be clear about what meals you want to share with your guests and which ones they can plan to be on their own. For instance, if you have four children to feed, lunches to pack and a spouse to get off to work or school between 6:30 am and 7:30 am, tell your guests not to expect breakfast before 8 am. If you follow your family out the door to a job of your own at 8:30 am, show your guests where the coffee pot is and where the breakfast foods are and let them make their own breakfast. If your guests will be with you for more than one or two nights, and you have a previous engagement, don't feel you must cancel it. Simply let them know ahead of time when you will be out, offer them a chance to warm up a bowl of soup, or tell them where your favorite inexpensive restaurant is located.



e. If your guests do not have access to a bathroom of their own and must share one with your family, be sure to show them which towels are for their use, and let them know what times the bathroom is most likely to be needed by your family.

f. Discuss your family's guidelines on using the TV/stereo.

g. Invite them to make use of your library.

h. Explain what time you usually serve meals, especially dinner, as other meals are generally more flexible. Ask your guests if they are allergic to certain foods and try to work around these if at all possible.

i. Offer the use of your washing machine, or if you are already running a load, you might offer to do their wash for them. If they have been traveling for several days, they could be needing to do wash.

j. Sometime early in your first day together, be honest with your guests about what you are willing or able to do with and for them. It will make everyone feel more comfortable. Enjoy the time you have with them and don't feel guilty about the time you need to spend doing other things.

3. While your guests are with you

a. Provide them with some maps of your area, brochures of things to do (usually available from your local Chamber of Commerce office) special events in your town, places of interest you and your family especially like, and interesting restaurants they might enjoy.

b. Don't forget your own family when guests are with you. Sometimes we are so busy tending to visitors that we forget our children's needs. Set aside a time to be alone with each child, perhaps before bedtime or sometime during the day, so they don't feel slighted and come to resent guests.



c. Your guests may need a lot of quiet and privacy, so don't hover and smother. They may also need and want to talk with someone not directly related to the problems they are facing in their particular ministry situation. Offer them a compassionate ear (and heart), but remember you are not a counseling center. If necessary, refer them to a local pastor or counselor you know for help with serious problems that might surface.

d. Invite them to attend your local church, Sunday school, Bible study etc. Fellowship with other believers can be very encouraging to some guests; however, other guests may simply need their own space and lots of quiet time. Be sensitive to their needs and guard against criticizing them or arguing about doctrinal differences. You may also want to offer to pray with them for their specific needs.

e. Above all, be in prayer that God will prepare you for your ministry to your guests and make your time together a time of blessing and refreshment for all concerned.

Suggestions for Reading

ON HOSPITALITY

Karen Burton Mains- *Open Heart, Open Home*
Catherine deHueck Doherty-*Poustinia*
June Curtis- *The Gracious Woman*
Latayne C. Scott-*Open Your Life-A Woman's Workshop on Hospitality*
Anne Ortland-*Disciplines of a Beautiful Woman*
Doris W. Greig-*We Didn't Know They Were Angels: Hospitality even When it's Inconvenient*
Mercedes Gribble-*200 Rooms in the Inn*
Dee Brestin-*The Joy of Hospitality*
Quin Sherrer & Laura Watson-*A House of Many Blessings*
Delia Halverson- *The Gift of Hospitality*
Michele Hershberger-*A Christian View of Hospitality*

ON STRESS AND RENEWAL

Tim Hansel-*When I Relax, I Feel Guilty*
Dr. Archibald Hart-*Adrenalin & Stress*
Gordon MacDonald-*Ordering Your Private World, Restoring Your Spiritual Passion*
Malcolm Smith-*Spiritual Burnout*
Dr. Gary Collins-*You Can Profit from Stress*

Don Osgood-*Pressure Points: How to Deal with Stress*
Frank Minirth, et. Al-*How to Beat Burnout*
Rick Yohn-*Finding Time: A Christian Approach to Life Management*
Edward R. Dayton-*Tools for Time Management*
Dr. Dwight L. Carlson -*Run and Not be Weary: The Christian Answer to Fatigue*
J Allen Petersen-*Conquering Family Stress*
Craig S. Hill-*Discover Your True Image in Christ*
Charles L. Rassieur-*Stress Management for Ministers*
Dr. Keith W. Schnert-*Stress/Unstress*

FOR MEDITATION

THE BIBLE

A. W. Tozer-*Pursuit of God*
J. 1. Packer-*Knowing God*
Andrew Murray-*In the School of Prayer with Christ, The Believers Secret of Waiting on God*
Oswald Chambers-*My Utmost for His Highest*

FOR FUN

Peter Jenkins-*Walk Across America, The Walk West*

OUR STATEMENT OF BELIEFS & VALUES:

We believe:

- In One God, eternally existent in three persons, God the Father, God the Son, and God the Holy Spirit.
- In God the Father, and His unmerited grace and unconditional love through Jesus Christ, His Son.
- That Jesus Christ is the way, the truth, and the life, eternal salvation comes only through Him to those who make a personal, voluntary decision to accept Jesus as their Lord and Savior.
- In the guidance and gifts of the Holy Spirit as balanced and confirmed by Scripture.
- That the Bible is God's inspired authoritative Word, which He uses to reveal Himself to the world and to teach the principles of godly, righteous living; the Bible offer the fundamental answers for successful handling the stresses and problems of life.
- In the power of prayer, praise, and thanksgiving to God, and in the power of His promises in the Bible.
- That we are living in the end times of increasing stresses and troubles as prophesied in the Bible and confirmed by current events; these times mark the return of Jesus Christ. It is the responsibility and privilege of all Christians to share the good news of salvation through Jesus Christ and to disciple believers.
- That hospitality is crucial to the health of Christ's Body and that God desires His people to restore the Ministry of Hospitality in the Church.

THE MINISTRY MISSION

MAKAHIKI MINISTRIES is a rest and hospitality ministry serving Christians of every denomination and occupation. Our name comes from the Makahiki-a special celebration in old Hawaii which included a ban on warfare and an extended time of rest. There is an important parallel today as Christians everywhere are faced with the mounting pressures of spiritual warfare. At times, we need to rest from those pressures and to renew body, mind, and spirit. We also need to live a lifestyle of resting in the Lord. Jesus encourages us to, "Come away with Me by yourselves to a quiet place and rest awhile." (Mark 6:31)

Founded in 1982 by Christian lay workers, our calling is to help and encourage clergy, missionaries and lay people of all professions and denominations who are worn out from the stresses and demands that a hurting world places on them. Christians are not immune to the stressful wear and tear that commonly confronts those in the "helping" professions today. We are deeply committed to evangelism and discipleship by helping to rejuvenate weary Christians so they can be more effective witnesses in sharing the Good News of Jesus Christ with a needy world. We are also deeply committed to helping restore the Ministry of Hospitality in the church since we believe hospitality is crucial to the health and unity of the Body of Christ.

MAKAHIKI MINISTRIES offers a network of Hospitality Homes within the United States and in several other countries for Christians seeking spiritual and physical renewal. Through our placement service, we help match workers with homes that can best meet their needs. We serve as a resource ministry for Focus on the Family's Pastoral Ministries Department and we are also listed in Leadership, a national journal for church leaders. The ministry is also associated with Care Givers Forum, an international consortium of Christian Ministries providing care to Christian workers.

We are incorporated in Hawaii and California as a non-profit tax-exempt organization. Donations are accepted in US currency and are considered a sacred trust to be handled with the highest standards of financial accountability and integrity. We are governed by a Board of Directors consisting of committed Christian men and women who are dedicated to evangelism and renewal through hospitality.

Some Frequent Answers:

What's a Makahiki??

The Makahiki was a special celebration in old Hawaii which included a refreshing time of rest. Today, Christian workers are faced with mounting pressures of ministry. We invite them to take a Makahiki to "Come away with Me by yourselves to a quiet place and get some rest." Mark 6:31

Who are we?

A bunch of people in the Body of Christ from all over the world who open their homes for a restful vacation for our fellow believers. Hospitality Homes International is a network of homes around the world offering Christian workers a place to rest and be refreshed.

Our Hawaiian Roots...

Makahiki Ministries is a renewal ministry for believers who are proclaiming the Word of Jesus. The ministry began in Hawaii in 1982 as a non-profit organization and today, we operate the Hospitality Homes network from Mariposa, California.

The Ministry Mission...

Makahiki Ministries is a rest and hospitality ministry serving Christians of every denomination and occupation. Our name comes from the "Makahiki" - a special celebration in old Hawaii that included a ban on warfare and an extended time of rest. There is an important parallel today as Christians everywhere are faced with the mounting pressures of spiritual warfare. At times we need to rest from those pressures and to renew body, mind, and spirit. We also need to learn to live a life-style of resting in the Lord.

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Our Vision

Our vision is to link Christians in many nations who feel called by God to open their hearts and homes in the spirit of Romans 12:13 "Share with God's people who are in need. Practice hospitality" with God's weary workers who are in need of doing what Jesus commands in Mark 6:31 "Come away with Me by yourselves to a quiet place and get some rest". We call this the Hospitality Homes International network.

Support Our Ministry

Makahiki Ministries relies solely on the Service Fee Donations*based on length of stay. These funds cover expenses for our placement service. **There is no charge at the Hospitality Home.** However, we encourage guests to help share expenses with hosts as the Lord leads and provides.

We welcome general donations to help defray the cost of operating this ministry. Checks may be made payable to: Makahiki Ministries, Inc. and we will send a tax deductible donation receipt for general donations.

You can also support us by going to www.paypal.com and requesting to donate to makahiki@zoho.com.

Another way you can help is to offer your home as a Hospitality Home!

If you would like to get involved, please contact us at:

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Phone (800) 463-8090 EXT 1 ~ Fax (201) 347-8581
EMail: makahiki@zoho.com
Website address: www.hospitalityhomes.org
Skype: makahikiministries

*Service Fees for Home Use:
Up to 3 Nights \$55.00
4-7 Nights \$95.00
Large Groups \$100 per night